



ZenErgo
SOLUTIONS

NYC OFFICE ERGONOMICS

We Share the Same Goal:

Zero Work Comp Claims

for Carpal Tunnel and other RSIs

Expert ergonomic assessments brought directly to your New York City office — backed by 30 years of chiropractic expertise and more than 20 years reviewing workers' compensation injury claims.

COULD WE HELP? →

Most Workplace Injuries Are Preventable

Musculoskeletal disorders are the #1 cause of workplace disability in the U.S. — and in most cases, the workstation is where it begins.

937,620

Workplace musculoskeletal injury cases reported in U.S. private industry in a single year — the #1 injury category

~\$34,000

Average workers' compensation settlement for a single carpal tunnel claim

24 days

Median time away from work for a repetitive-motion injury — the longest recovery of any workplace injury

WHY ZENERGO

Assessed by someone who has reviewed the claims.

Dr. Rabin has spent more than 20 years as an independent reviewer of workers' compensation injury files — evaluating the very musculoskeletal claims your firm is trying to prevent, work he continues today. That claims-side perspective means his recommendations are built around what actually drives cost, disability, and litigation exposure, not just comfort.

"I've spent more than 20 years on the other side of these claims. I know what the documentation needs to look like — and what it costs when it isn't there."

— Edwin Rabin, DC, CEAS I, AOEAS

WHY IT MATTERS FOR YOUR FIRM

- ◆ Reduce workers' compensation exposure and claims
- ◆ Lower absenteeism and presenteeism costs
- ◆ Demonstrate duty-of-care compliance
- ◆ Build a defensible record of proactive ergonomic intervention

TWO LEVELS OF ASSESSMENT



LEVEL 1 — PREVENTIVE

Preventive Workstation Assessment

A proactive review for employees with minimal symptoms — designed to identify and eliminate risk before it becomes injury, and to create a documented record of good-faith intervention.

Full workstation review

Work posture analysis

Lighting & glare

Equipment guidance

Written report

LEVEL 2 — SYMPTOMATIC

Symptomatic & Post-Claim Assessment

A deeper evaluation for employees experiencing repetitive stress injuries, musculoskeletal pain, or persistent discomfort — with follow-up consultation.

All of Level 1

Symptom history

Repetitive-stress analysis

Movement eval

Follow-ups available

HOW IT WORKS

- 1 Schedule** — Choose your level and contact us to book
- 2 Pre-visit questionnaire** — Employees complete intake by email
- 3 On-site visit** — Dr. Rabin conducts a non-disruptive, in-person evaluation (~30 min per desk)
- 4 Comprehensive report** — Written recommendations structured for HR documentation and compliance records



Edwin Rabin, DC, CEAS I, AOEAS

Doctor of Chiropractic · Office Ergonomic Specialist
Independent WC Claims Reviewer

SCHEDULE A CONSULTATION

Better Outcomes Start Here

On-site assessments across
all five NYC boroughs



Visit our Website for More Information

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